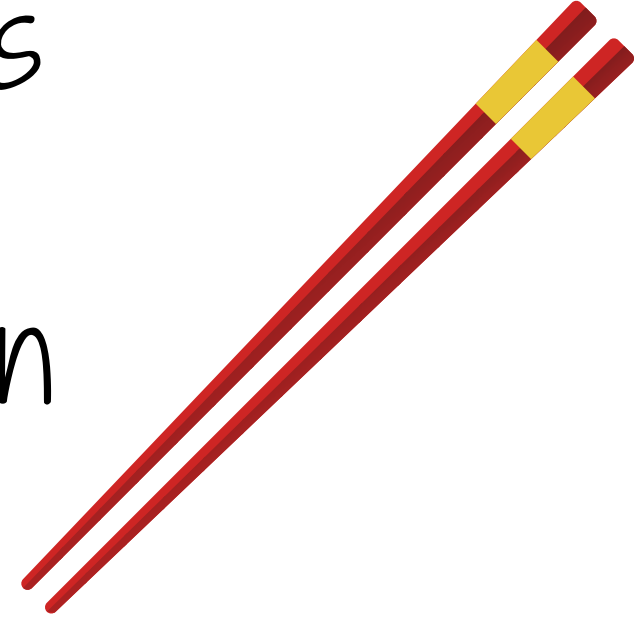
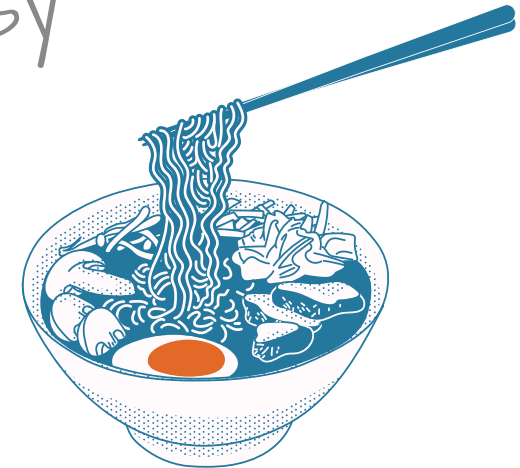


Snoriezzz Training Chopsticks

How to Use Chopsticks: A Fun Kids Craft!



Learn and play/eat with your very own chopsticks! A perfect & easy way to use chopsticks!



Materials Needed

- A pair of wooden or plastic chopsticks (and the paper they come in...if you have!)
- A small piece of foam/sponge or an eraser
- Decorative tape, stickers, or markers
- A rubber band

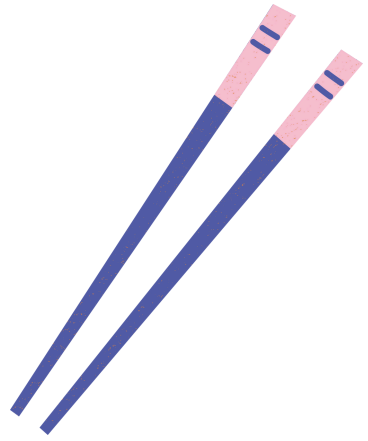


Step 1: Assemble the Training Chopsticks

1. Take the foam or eraser - you could even use the paper rolled up if your chopsticks came in a paper cover - place between the thicker ends of the chopsticks.

2. Wrap a rubber band tightly around the top area - ABOVE the folded paper/sponge/eraser.



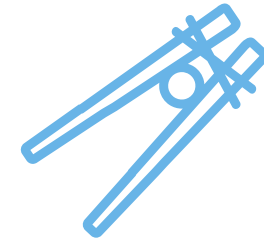


Step 2: Decorate Your Chopsticks

- Let the kids personalize their chopsticks by:
- Wrapping the decorative tape around the handles.
- Adding fun stickers.
- Drawing designs with markers.



Step 3: Practice Time!



- Create a fun 'chopstick challenge':
- Pick up small objects like cotton balls or marshmallows.
- Sort items by color or size.
- Practice with snacks like grapes or pretzel sticks. We used fruit and marshmallows!

